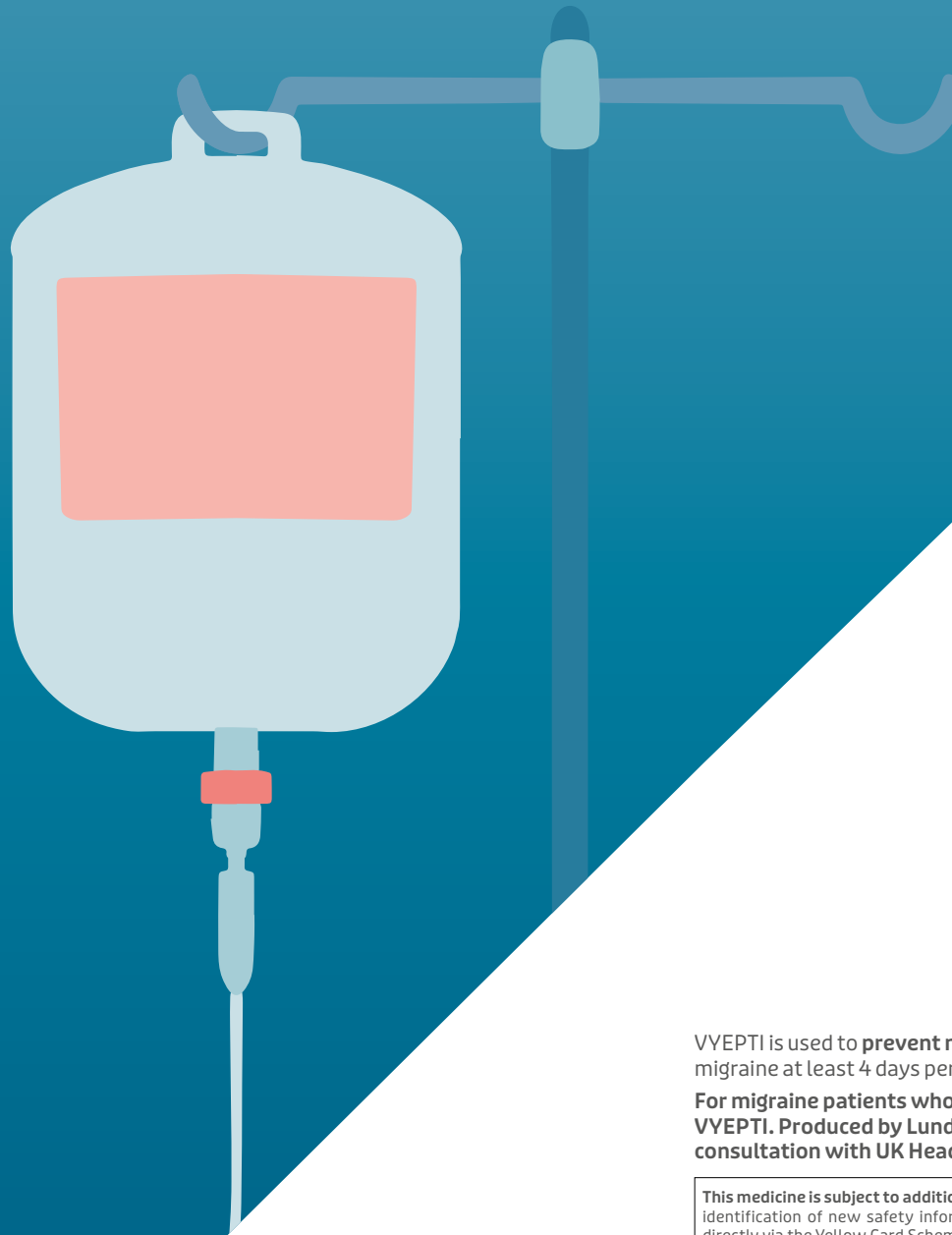


Welcome to your VYEPTI[®] ▼ (eptinezumab) treatment

A guide to your IV
infusion with VYEPTI



VYEPTI is used to **prevent migraine** in adults who have migraine at least 4 days per month.¹

For migraine patients who have been prescribed VYEPTI. Produced by Lundbeck Ltd. following consultation with UK Headache Specialists.

This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

About VYEPTI

A medicine for helping to prevent migraines

You and your healthcare professional have decided that you may benefit from VYEPTI treatment. VYEPTI is given as a drip (infusion) into a vein.¹

VYEPTI is a migraine-preventive treatment designed to help prevent migraines before they start.¹

The recommended dose is 100 mg given every 12 weeks. Some patients may benefit from a dose of 300 mg given every 12 weeks. Your doctor will decide the right dose for you and how long you should continue to be treated.¹

Your infusion will be administered by a healthcare professional and will take about 30 minutes, with additional time needed to set up the IV infusion.¹

If you think you may miss your appointment or need to reschedule your infusion, contact your healthcare professional immediately to reschedule.

For full information please refer to your Patient Information Leaflet (PIL).

Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.



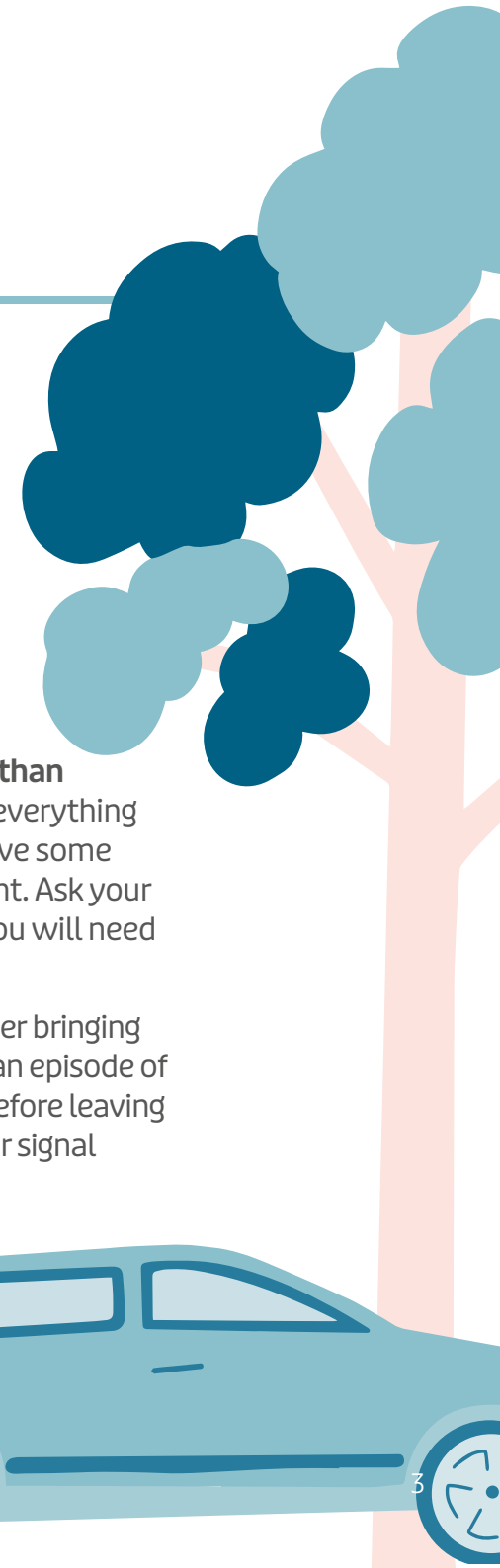
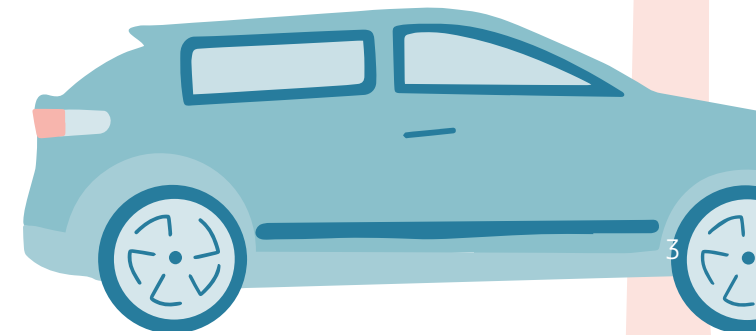
On the day of your infusion

Remember to:

- **Bring your completed Headache Diary**
- **Talk to your doctor or nurse** before being given VYEPTI if you have **disease affecting the heart and blood circulation**
- **Bring a list of your medications and any allergies**, if your healthcare professional has asked for this
- **Drink plenty of water** - it is important to be well hydrated to help the nurse set up your infusion
- **If it would help, ask your healthcare professional if you can bring someone with you.** Rules may vary, but some clinics do have room for visitors in the infusion area. Check with your healthcare professional prior to your appointment



- **Wear a comfortable shirt or blouse** with loose-fitting sleeves that can be rolled up, or a jacket that can be removed. Also, consider wearing layers of clothing in case you feel too warm or too cold in the room
- **Keep in mind that your total time at the appointment will be longer than 30 minutes.** You will need time for everything to be set up for your infusion and have some brief health checks prior to treatment. Ask your healthcare professional how long you will need to be there so you can plan ahead
- **How will you pass the time?** Consider bringing a magazine to read or downloading an episode of something to your phone or tablet before leaving home (in case the Wi-Fi connection or signal isn't good)

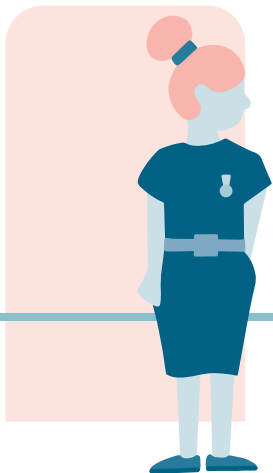


Receiving your infusion

Once you're at the clinic, you may want to ask the healthcare professional who is giving the infusion to talk you through what they are doing. They are there to help you understand what is happening at every step.

When your VYEPTI infusion starts, get comfortable and enjoy the things you brought to stay entertained – or just use the time to take a break and relax.

- When you receive your first infusion, it is normal to feel a bit anxious. If you have any concerns or questions about the infusion, please speak to your healthcare professional. They are there to help, guide and make sure you are comfortable
- If you begin to feel uncomfortable at any time during your infusion, tell your healthcare professional right away



Living well with migraine

Migraine management strategies could include:

Lifestyle

- Good nutrition and diet²
- Gradually reducing caffeine²

Sleep, exercise and environment

- Maintain a regular sleep pattern³
- Get some fresh air and exercise⁴
- Avoid bright lights, loud noises or strong smells²

(Please see the 'Getting started with VYEPTI treatment' from your VYEPTI starter pack for more information on these topics)

This leaflet is not intended to replace the advice of your healthcare professional. If you have any questions about your medication, please speak to your doctor, nurse, or pharmacist.

Possible side effects¹

Like all medicines, VYEPTI can cause side effects, although not everybody gets them.

Contact your doctor or nurse immediately if you have any of the following side effects – you may need urgent medical treatment:

Common (may affect 1 in 10 people): **allergic reactions and other reactions due to the infusion.**

Reactions can develop quickly during infusion.

Symptoms of allergic reactions are:

- Breathing difficulties
- Fast or weak pulse
- Sudden drop in blood pressure making you feel dizzy or lightheaded
- Swelling of the lips or tongue
- Severe skin itching, rash

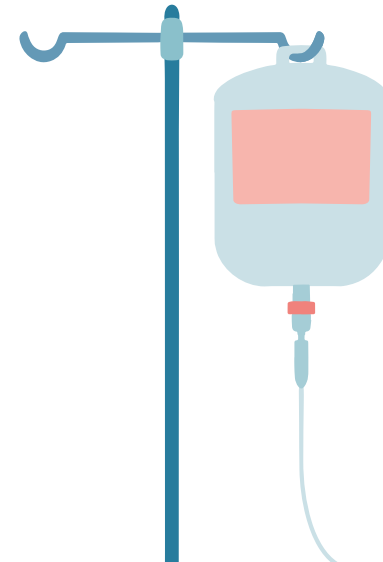
Serious allergic reactions are uncommon (may affect up to 1 in 100 people).



Other symptoms that may occur due to the infusion include respiratory symptoms (e.g. blocked or runny nose, throat irritation, cough, sneezing, shortness of breath) and feeling tired. These symptoms are usually non-serious and of short duration.¹

Other side effects can occur with the following frequency: Common (may affect up to 1 in 10 people):¹

- Stuffy nose
- Sore throat
- Fatigue



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My notes

Write any questions you have here, so you have them at your next appointment.

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References:

1. Lundbeck VYEPTI Patient Information Leaflet (PIL)
2. 'Migraine attack triggers' The Migraine Trust. Available at: migrainetrust.org. Last accessed February 2024.
3. 'Migraine and sleep' The Migraine Trust. Available at: migrainetrust.org. Last accessed February 2024.
4. 'Migraines: simple steps to head off the pain'. Mayo Clinic. Available at: www.mayoclinic.org/diseases-conditions/migraine-headache/in-depth/migraines/art-20047242. Last accessed February 2024.